

LEARN TO DIVE

TEEN DIVING LESSONS

(age 12 - 15 years)

Tuesdays, Thursdays and Sundays

There are 3 levels (Beginner, Intermediate, Advanced) which covers recreational diving with progressions through to competitive squads for talented divers.

Divers work towards the ASA diving award scheme.

Divers will be continuously assessed and moved to the next level as soon as they can complete all skills to the appropriate standard.

Children must be confident in very deep water (4m) or have passed stage 4 on the new national plan for teaching swimming.

To book your place please complete an application form. This can be obtained from Corby East Midlands International Pool web page / Learn to Dive or from reception. Upon completion, please hand in to pool reception.

All lessons are subject to availability and must be booked and paid for in advance.