

LEARN TO DIVE

CHILDREN'S DIVING LESSONS

(age 5 - 11 years)

Tuesdays and Thursdays

Divers follow a scheduled programme of training over a 6 week period with an assessment on the final week of the course. If a diver achieves the minimum scores required on all skills in the assessment, they will be allocated a place in a new lesson.

There are 5 booking levels which cover recreational diving with progressions through to elite squads for talented divers.

Children must be confident in very deep water (4m) or have passed stage 4 on the new national plan for teaching swimming.

To book your place please complete an application form. This can be obtained from Corby East Midlands International Pool web page / Learn to Dive or from reception. Upon completion, please hand in to pool reception.

All lessons are subject to availability and must be booked and paid for in advance.