

LEARN TO DIVE

ADULT DIVING LESSONS

(age 16 years+)

Thursdays 8.00—8.40pm

There are 2 levels (Beginner and Advanced)
Divers must demonstrate they can complete certain skills to a competent level before moving to the advanced lesson.

Divers must be confident in very deep water (4m) and be able to swim at least 25m.

To book your place please complete an application form. This can be obtained from Corby East Midlands International Pool web page / Learn to Dive or from reception. Upon completion, please hand in to pool reception.

All lessons are subject to availability and must be booked and paid for in advance.